

Mint Chocolate No-bake Energy Balls

Ingredients

- 3/4 cup raw almonds or cashews
- 8 pitted dates, cut in half
- 1/4 cup cocoa powder
- 2 tablespoons hemp seeds
- 1/4 cup coconut flakes, optional
- 1 teaspoon vanilla extract
- 1/4 teaspoon peppermint extract
- 1 tablespoon coconut oil
- 1/4 cup mini dark chocolate chips
- 1/2 cup peppermint, crushed

Instructions

- 1. Process almonds and dates in food processor.
- 2. Add the cocoa powder, hemp seeds, coconut flakes, vanilla extract, peppermint extract and coconut oil. Blend for several minutes until starting to combine. Add water as needed to blend.
- 3. Add the chocolate chips and pulse quickly, just to combine.
- 4. Scoop the dough with a spoon and roll into balls.
- 5. Then press or roll into the crushed peppermint.
- 6. Chill in fridge for 30 minutes.

View the recipe video on YouTube here: https://youtu.be/vW8rU3RYht4