

## Avocado Egg Salad

### Ingredients

- 2 medium avocados
- 6 hard-boiled eggs
- 2 tablespoons mayonnaise
- 1/2 teaspoon paprika
- 1 tablespoon dill
- 1 tablespoon fresh lemon juice
- Pinch of salt and pepper

### Instructions

1. In a bowl, add sliced avocados and three yolks and six whites of the hard-boiled eggs. Mash until well combined.
2. Add the remaining ingredients and stir until well combined.
3. Serve on whole-grain or pita bread.

View the recipe video on YouTube here: <https://youtu.be/16XnN5q6sls>