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WAYS **MyChart** CAN HELP YOU **MANAGE YOUR HEALTH**



Be an active participant in your health.

At St. Elizabeth, we believe patients are an integral part of the care team. MyChart allows you to access your health information at any time and manage your care in a multitude of ways.



1. Get connected.

Link your personal device and apps to your MyChart account to track progress toward your fitness goals.



2. Let us remind you.

If you tend to forget to schedule routine screenings, we can help you stay on track.



3. Keep personal health information handy.

Quickly access what you need to know about your allergies, immunization status and health conditions.



4. Message your care team.

Get answers to your questions, updates about your test results and other important health details.



5. Visit virtually.

Use your device at your convenience to schedule a time to talk about any new health concern.

MyChart from St. Elizabeth is right here to help you stay on track for a healthier future.



Visit stedocs.com/mychart to learn more.

