

## Lip-smacking Granola

### Ingredients

- 3 cups of old fashioned rolled oats
- 1½ cups of any combination you/your kids would like
  - Raw nuts – peanuts, cashews, almonds, pecans
  - Seeds – Pumpkin or sunflower
- 1/2 cup sweetened coconut flakes
- 1/2 cup or so of real maple syrup
- 1/4 to 1/2 teaspoon cinnamon
- 1/4 teaspoon nutmeg
- Light sprinkling of salt
- 1/2 to 3/4 cup of your favorite dried fruits
  - Options may be strawberries, apples, cherries, blueberries just to mention a few items to add.

### Instructions

1. Combine all ingredients except the dried fruits in a bowl and mix well.
2. Place on a jelly roll pan, bake at 300 degrees for an estimated 25 to 35 minutes stirring one or two times during the baking process until completely golden brown on all sides.
3. Once cooled to room temperature, add dried fruit and mix well. Mixture can be stored up to one week in an air tight container.