Cocoa Mocha Smoothie

Ingredients

- 1/2 cup coffee, chilled or room temperature
- 1/4 – 1/2 cup almond or soy milk
- 1/2 banana, fresh or frozen
- 1 handful of spinach or kale
- 1 tablespoon cocoa powder
- 1/2 tablespoon honey or maple syrup
- 1/2 tablespoon ground flaxseed or chia seeds
- Splash of vanilla extract

Instructions

1. Blend all ingredients until smooth and creamy.

View the recipe video on YouTube here: https://www.youtube.com/watch?v=h84qAK-DdY8